

**2010 WISCONSIN MASTERS SCY STATE CHAMPIONSHIP
SHORT COURSE YARDS
APRIL 10-11, 2010**

SPONSORED BY: The Wisconsin Masters Aquatic Club

SANCTIONED BY: Wisconsin LMSC for USMS, Inc. Sanction No. 200-005

LOCATION: Walter Schroeder Aquatic Center (Website: <http://wsacltd.org/>)
9240 N Green Bay Road, Brown Deer, WI 53209-1104

PARKING AT THE POOL: See Facility Map. Turn east from Green Bay Road (Hy 57) to Schroeder Drive at the marquee displaying YMCA Healthy Lifestyle Village, Wheaton-Franciscan Healthcare, Rite-Hite YMCA and Walter Schroeder Aquatic Center. Proceed to the east side of the Aquatic Center to park and enter the building. Overflow parking is on the west side.

TIME: Warm-up 10:00AM, Meet starts at 11:00AM on both Saturday and Sunday.

ENTRY OPTIONS: Enter On-Line via Club Assistant meet entry at the link below

https://www.clubassistant.com/club/meet_information.cfm?c=1176&smid=2073

OR Enter via mail using the Wis. Masters Swimming Universal Entry Form, one swimmer per form.

FACILITIES: 50-meter pool with bulkheads, configured as two 8-lane, 25 yard pools with anti-turbulent lane guides, new starting blocks and backstroke flags, plus one 2-lane, 20-meter pool between the 25-yard pools. Competition will be held in 8-lanes of one 25-yard pool.

ELIGIBILITY: Open to all USMS-Registered Masters Swimmers 18 years old or older. All mail entries must include a copy of the swimmer's 2010 USMS registration card. On-Line entries are verified using the USMS Registration Database. Register with USMS before registering for this meet if not currently USMS registered.

RULES: Official U.S. Masters Swimming 2010 Rules will govern this meet. All events will be timed finals.

TECHNICAL SUITS that are on the FINA June 2009 approved list may be worn at this meet.

OFFICIALS: Susan Zblewski and Karen Perry

SEEDING: Heats will be seeded slowest to fastest. Please submit a reasonably accurate seed time. An "NT" will be seeded in the slowest heat. Entries for the 1650 Freestyle must have a seed time which, at the discretion of the meet director, may be subject to change based on prior performances. Age groups and sexes will be combined to expedite the meet. Heat sheets will be provided.

TIMING: Automatic timing system backed up by watches.

WARM-UP PROCEDURE: Lanes 2 and 7 will be start and sprint lanes with swimming in one direction only and exiting to the side or end. Lanes 1, 3-6 & 8 will be for circle swimming only. **NO DIVING STARTS** from the blocks or the deck in circle swimming lanes. Entry into the pool must be feet first a cautious manner. Swimming aids, e.g., paddles, pull buoys, kickboards, fins, etc., may not be used at any time. During the warm up period and during the meet, lanes in the center pool and a designated part of the south pool will be used for warm up and cool downs, circle swimming only, no diving.

ENTRY FEE: \$4.00/individual event plus a \$15.00 pool user surcharge. **DECK ENTRIES FOR INDIVIDUAL EVENTS WILL NOT BE ACCEPTED.** Fees must accompany entries. **CHECKS PAYABLE TO WMAC.**

ENTRY LIMIT: Ten (10) individual events total, max of five (5) individual events per day, plus relays. THE 1650 FREESTYLE WILL BE LIMITED TO THE FIRST 32 ENTRIES RECEIVED. Each swimmer entered in the 1650 will be responsible for providing a person to count his/her laps. The 1000 split will be recorded.

RELAYS: Submit relays at the meet. Maximum of seven (7) relays allowed as explained here. Swimmers may swim only one 400 Free, one 400 Medley and one 800 Free relay. Relay teams for the 400/800 may be all men, all women or mixed. Mixed Relays must consist of 2 men and 2 women. Swimmers may swim four 200 relays, as the mixed and male/female relays are separate events (See Events # 4, 9, 16 and 22.)

ENTRY DEADLINE: Mail entries must be received by Monday, April 5th, 2010. On-line entries will be cut-off on Sunday, April 4th, 2010 at 11:00PM central time.

SEND ENTRIES TO: **Jeanne Seidler – Meet Director**
N128W16779 Holy Hill Rd, Germantown, WI 53022-1533
(262) 894-0613 ... email: jseidler2@wi.rr.com

MEET CO-DIRECTOR: **Eric Jernberg**, email: jernberge@yahoo.com

LIABILITY RELEASE: The LIABILITY RELEASE must be signed as-is without any alterations. Remember to include a copy of your USMS registration card with mailed entries.

AWARDS: INDIVIDUAL EVENTS: Ribbons 1st-3rd. RELAYS: Ribbons for 1st to 3rd place.

CONCESSIONS: The **Kiefer Swim Shop** will be open. Soft drink vending machines with Coca-Cola products will be available. No food service will be available at the meet. Bring cookies to share, if you wish.

HOTELS: See WSAC website for hotels. The Holiday Inn Express/Candlewood Suites is closest to the WSAC.

SATURDAY SOCIAL: Taylor & Dunn's Public House, 2 miles north on Hy 57 (Green Bay Rd).

MEET RESULTS: Check the Wisconsin Masters Web site, www.swim-wimasters.org, and the USMS Event Rankings and Individual Results website about 24-48 hours after conclusion of the meet.

SCHEDULE OF EVENTS

Saturday, April 10	Sunday, April 11
1. 50yd Freestyle	13. 50yd Butterfly
2. 200yd IM	14. 400yd IM
3. 100yd Backstroke	15. 100yd Freestyle
4. 200yd Medley Relay (Mixed)	16. 200yd Free Relay (Mixed)
5. 200yd Breaststroke	17. 200yd Backstroke
6. 200yd Freestyle	18. 100yd Breaststroke
7. 100yd Butterfly	19. 100yd IM
8. 50yd Breaststroke	20. 200yd Butterfly
9. 200yd Free Relay (Male/Female)	21. 50yd Backstroke
10. 400yd Medley Relay*	22. 200yd Medley Relay(Male/Female)
11. 800yd Free Relay*	23. 400yd Free Relay*
12. 500yd Freestyle	24. 1650yd Freestyle

*Swimmers will be permitted to swim in only one 400 Free, one 400 Medley and one 800 Free relay. Relay teams may be all men, all women or mixed. Mixed Relays must consist of 2 men & 2 women.

WISCONSIN MASTERS SWIMMING UNIVERSAL MEET ENTRY FORM

Meet Date April 10th & 11th 2010

Meet Location Walter Schroeder Aquatic Center

If a copy of your current registration card is in the box to the right you do not have to complete the personal information below, except for the phone number and E-Mail address.

Sec. 202.1.1 F (5) of the USMS rules requires you to submit a copy of your current registration card with each meet entry.

Please place your current membership card here and make copies to be used when entering swimming meets.

Each meet may have different fees. Please be guided by the specifics on the meet information page.

NAME _____

MALE _____
FEMALE USMS NO _____

BIRTH DATE _____ AGE _____

TEAM _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

E-MAIL ADDRESS _____

USMS rules limit a swimmer to no more than five individual events per day.

EVT #	Saturday EVENTS	SEED TIME		EVT #	Sunday EVENTS	SEED TIME
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____
_____	_____	_____		_____	_____	_____

FEEES PER MEET INFORMATION PAGE:

_____ EVENTS @ \$ 4.00 ea. + pool surcharge \$ 15.00 = \$ _____

LIABILITY RELEASE

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. **AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.** In addition, I agree to abide by and be governed by the rules of USMS.

Signed _____ Date _____

UMEF R3 10/29/09

Parking at the facility:

